Larisa B Starinsky

2758 29th Avenue, San Francisco, CA 94112
Cell: (415) 506-4396 – larisastarr112.larisa@gmail.com

**Objective**

Energetic and compassionate nursing professional seeking challenging position as a Registered Nurse in Medical/Cardiac ICU at ZSFG.

**Summary**

* Evaluated patient's response to treatment and progress toward goals.
* Acted as patient advocate; interacted in a timely manner between multidisciplinary staff to minimize delays and optimize patient care and efficiency.
* Administered and executed therapeutic physician and nurse-initiated interventions.
* Worked together with physicians to discuss and identify patient's treatment needs
* Experienced in physical assessment, administration of medications, and assisted physicians with bedside procedures.
* Modified and individualized care according to patient and family culture, demographics, history, and needs.

**Education**

2016

Bachelor of Science: Nursing

Sonoma State University - Rohnert Park, CA

GPA 3.9/4.0

2015

Associate of Science: Nursing

College of Marin - Kentfield, CA

GPA 3.8/4.0

**Certifications**

* California RN License 95064867
* Public Health Nurse - 551271
* BLS American Heart Association (AHA)
* Advanced 12 Lead EKG Interpretation, American Heart Association (AHA)

**Professional Experience**

11/2016 to Current

Medical Surgical Telemetry Nurse

ZUCKERBERG SAN FRANCISCO GENERAL HOSPITAL San Francisco, CA

* Assess patients; administer medications; ease pain; encourage activity; prevent complications; monitor labs.
* Educate patients and families and collaborate with physicians, therapists and other healthcare providers.
* Conduct diagnostic testing and perform cardiac and respiratory functioning assessment with telemetry monitoring.
* Implement nursing interventions to achieve progress toward expected patient outcomes or to stabilize a patient's condition and/or prevent complications.
* Collaborate on a continuum the plan of care through communication with interdisciplinary teams, patients and families while addressing patient safety, comfort, and satisfaction.

02/2016 to 11/2016

Registered Nurse

KENTFIELD HOSPITAL LTAC Kentfield, CA

* Responsible for patient care and advocacy of 4-5 patients requiring long term acute care.
* Provide care to patients with tracheostomies, nephrotic tubes, internal drains, feeding tubes, wound vacs.
* Offer frequent suctioning and maintain a patent airway.Participate in weaning the patient off of the ventilator and managing the ventilator.
* Follow physician orders and report changes of conditions.
* Safely administer medications orally, intravenously, nasogastrically, intramuscularly and monitor intravenous fluids, electrolytes, and antibiotics.
* Perform IV insertion, bladder scans, catheterization and rectal tube insertion.
* Manage PICC lines, central lines and midlines.Admit and discharge the patients in and out of hospital respectively.?

08/2015 to 04/2016

Charge Nurse

KINDRED TRANSITIONAL CARE AND REHABILITATION San Francisco, CA

* Care for 25-30 patients with a wide range of medical conditions, and carry out physician orders of medication and treatments.
* Facilitate patient admissions, transfers, and discharges.
* Delegate responsibilities to a team of 4-5 assistant staff members.
* Administer IV therapy including antibiotics, steroids, antiemetic, pain control, and TPN.
* Tracheostomy, colostomy, ileostomy, and GT/PEG tube, and wounds care.

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02/2008 to 07/2015

Dental Office Receptionist

RICHMOND DENTAL CARE San Francisco, CA

* Answer patient inquiries, schedule appointments, maintain patient records and accounts.
* Prepare claim forms for dental insurances and process payments.

**Additional Skills**

* Bilingual in English and Russian
* Expert in Microsoft Office, EPIC, Paragon, LCR

**Personal Details**

Permanent Address: 2056 27th Avenue, San Francisco, CA 94112

Father name: Alfanso Starinsky

Mother name : Kelly Starinsky

Gender: Male

Nationality: USA

DOB: 25-06-1985

Marital Status : Married

Social Security No: 15946234

Current Location: San Francisco, CA, USA

Preferred Location:San Francisco, CA, USA

Availability: 1 Month

Current Salary: US $ 246800 per year

Expected Salary: US $ 290000 per year

**LinkedIn ID**

Url: htname: www.linkedin.com/larisa/

**Facebook ID**

Url: htname: www.linkedin.com/larisa///

**Twitter ID**

Url: <https://twitter.com/larisa>

## Hobbies:

* Playing sports
* Building websites and programming
* Teaching kids
* Volunteer work
* Coaching Basketball
* Reading books

**References and availability**

Ms. Theo Rasebotsa

Social Community Manager, Aqua Online

 (Former account manager click maven)

Ms. Sasha Mhlungu

SEO Specialist, Trudon

 (Former SEO Specialist EVER)

Ms. Tshepiso Phaho

Account Manager (Trudon)

Mr. Tafadzwa Kawadza

SEO Manager (FGX Studios)

082 711 2996